

SENIORS FILLES

100	12"15	SIEHOU Téa	CAC	28/04/2019	COGNAC	
200	25"24	GOURDET Barbara	E,S,C	29/05/1982	LA ROCHELLE	
400	54"76	GOURDET Barbara	E,S,C	10/07/1983	FONTAINEBLEAU	
800	2'05"6	RICHARD Sylvie	C,A,C	13/07/1986	METZ	
1000	2'52"4	RICHARD Sylvie	C,A,C	05/07/1986	TOURS	R16
1500	4'20"03	LAVAL Raïssa	C,A,C	26/06/2016	ANGERS	
MILE	4'58"6	RICHARD Sylvie	C,A,C	13/09/1987	LIBOURNE	R16
2000	6'18"1	AUDIER Charlotte	C,A,C	08/06/1994	SAINTES	RR
3000	9'13"77	AUDIER Charlotte	C,A,C	20/10/1996	LA FLECHE	R16
5000	16'07"72	AUDIER Charlotte	C,A,C	02/08/1998	ANNECY	
10000	36'29"3	VIAUD Martine	C,A,C	08/06/1988	TALENCE	R16
Heure	15Km384	LAURIERE Claudine	C,A,C	26/03/1994	COGNAC	RR
100m haies	14"3	JOUBERT RIPPE Sylvie	C,A,C	15/06/1986	CERIZAY	R16
400m haies	60"19	JOUBERT RIPPE Sylvie	C,A,C	30/05/1987	MONTREIL	R16
3000m steeple	13'06"58	SADRY Alizée	C.A.C	07/06/2008	COGNAC	
Longueur	5m94	DUFRENE Jade	CAC	18/07/2015	ALBI	
Hauteur	1m 69	PRICART Anne	E,S,C	23/06/1986	CAEN	
Perche	4m04	BERGEAUD Julie	C,A,C	14/01/2017	ORLEANS	R16
Triple saut	11m 87	FAYE Mame-Thiaré	C.A.C	27/05/2017	COGNAC	
Poids	11m 37	JOUBERT RIPPE Sylvie	E,S,C	15/05/1985	COGNAC	
Disque	41m 22	DAROT Berthomme	U,S,A,C	26/08/1961	ARRANCHE	R16
Javelot	43m19	MARTIN Jade	C,A,C	09/06/2019	ANGOULEME	
Marteau	37,67m	JAUGIN Pauline	C,A,C	04/05/2008	NIORT	
Heptathlon	4866 pts	JOUBERT RIPPE Sylvie	E,S,C	6-7/07/85	ATHIS MONS	
		14"66/10m43/1m54/25"78/5m46/23m58/2'14"88				
4x100m	48"93	MANDEAU C- JOUBERT RIPPE S DUCERISIER C- GOURDET B	E,S,C	10/07/1983	FONTAINEBLEAU	
4x200m	1'44"0	MANDEAU C- JOUBERT RIPPE S DUCERISIER C- GOURDET B	E,S,C	01/06/1983	NIORT	
4x400m	4'01"2	MICHAUD M- JOUBERT RIPPE S BLANCHON O- GOURDET B	E,S,C	01/06/1983	NIORT	R16
4x800m	9'00"31	MICHAUD M- JOUBERT RIPPE S RICHARD S- GOURDET B	E,S,C	13/10/1985	FONTAINEBLEAU	R16
<u>Marche</u>						
2000m	10'16"18	SADRY Alizee	C.A.C	11.07.04	COULAINES	
3000m	15'52"74	FREMONT Marilyn	C.A.C	06/05/07	NIORT	
5000m	27'21"7	SADRY Alizee	C.A.C	03/10/03	MONTREUIL /BOIS	
10000m	55'22"66	SADRY Alizee	C.A.C	30/07/05	PARIS CHARLETY	
30'	5 511 m	SADRY Alizee	C.A.C	03/10/04	MONTREUIL /BOIS	
1h	10215m	FREMONT Marilyn	C.A.C	02/06/2007	SAINTES	
<u>ROUTE</u>						
10km	35'46"	LAVAL Raïssa	C,A,C	05/10/2014	ROCHEFORT	
20km						
Semi-marathon	1h21'04"	LAURIERE Claudine	C,A,C	15/03/1992	St EUTROPE	R16
Marathon	3h00'10"	LAURIERE Claudine	C,A,C	26/11/1999	LA ROCHELLE	